



The Welsh Academy

AT SAINT IGNATIUS

In Honor of Rev. Robert J. Welsh, S.J. '54

September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		French toast, 3 Hash brown & OJ	Breakfast 4 bowl, & OJ	Egg & cheese 5 muffin, potato & OJ	Pancake, 6 Bacon & OJ
Lunch		Tacos, Nachos, Salsa, fruit & drink	Pulled Pork Sandwich, taters & drink	Cheese pizza, salad, roll & drink	Chicken patty, Mashed potato & corn
Snack		Luchable	Bosco & drink	Chicken tenders and fries	Luchable
Breakfast	Ham cheese, 9 Hash brown, OJ	Waffles/ hash 10 Brown, & OJ	Breakfast bowl 11 & OJ	French toast/ 12 Hash brown/OJ	Pancakes, 13 Sausage & OJ
Lunch	BBQ riblet, tots, and veggie	Taco's/nachos, salsa	Chicken tender, Waffle fries/veggie	Hot dog, tater tots And veggie	Ignatius bowl
Snack	Nuggets/fries	Cheese pizza	Bosco	Mini corn dog/fry	lunchable
Breakfast	Breakfast bowl 16 & OJ	Ham cheese 17 croissant & OJ	French toast/ 18 Browns & OJ	Waffles/hash 19 Brown & OJ	Pancakes/ 20 Bacon, & OJ
Lunch	Philly steak/ fries veggie	Tacos/nachos Salsa	Burger / Fries Veggie	Ravioli, salad and roll	Chicken patty, Corn, mashed
Snack	nuggets/fries	Mac/cheese bites /fries	Cheese pizza	bosco	uncrustable
Breakfast	Bagel bacon 23 Egg & OJ	Cereal / donut 24 & OJ	Breakfast bowl 25 & OJ	French toast/ 26 Hash brown & OJ	Pancakes/ 27 Potatoes, ham
Lunch	Chicken patty Mashed, corn	BBQ chicken wing, Fries/celery	Corn dog, tater, veggies	Pierogis' /salad/ roll	Grilled cheese/ curly fries/salad
Snack	Nuggets/fries	Cheese pizza	Mozzarella stick	mini tacos	Lunchable
Breakfast	breakfast bowl 30	Ham cheese 1 Croissant & OJ	Breakfast bowl 2 & OJ	Waffle/hash 3 Brown & OJ	Pancake/ 4 Potato, bacon
Lunch	Pasta meatballs, Salad, roll	Burger /fries/salad	Italian Sub, chips, fruit carrots	Cheese pizza, salad roll	Ignatius bowl
Snack	Nuggets/fries	Mini quesadilla	Mac/cheese bites	Mini corn dog/fry	Uncrustable