



# SPIRITUALITY PROGRAM FOR ADULTS

Parents, alumni, employees, neighbors and friends can participate in retreats, prayer services and spiritual direction offered by our Spirituality Program for Adults. Regular events are open to all throughout the year.

## Fall 2022 Offerings

### **Come and See Retreat**

Coed Retreat

Tuesdays 7-9pm

Oct 4 - Nov 15

In-person & Zoom Options

Wednesdays 9-11am

Oct 5 - Nov 16

### **Men's Retreat**

Thursdays 7-9pm

Oct 13 - Nov 10

## Lent 2023 Offerings

### **Come and See Retreat**

Coed Retreat

Tuesdays 7-9pm

Feb 14 - March 28

In-person & Zoom Options

Wednesdays 9-11am

Feb 15 - March 29

For more information  
and to register, go to:

[www.ignatius.edu/spa](http://www.ignatius.edu/spa)

