



# SCHOOL COUNSELING

**From course registration to cura personalis, our school counseling department takes care of each student's path through Saint Ignatius. Learn more about our counselors, their services, and how they'll get you from enrollment to graduation.**

## OUR MISSION

*In supporting the Jesuit tradition of the Graduate at Graduation, the School Counseling program seeks to enhance the academic, personal, social and spiritual experiences of each student at Saint Ignatius High School, constantly striving to build "Men For Others."*



## OUR ROLE AS SCHOOL COUNSELORS

- Counseling students to meet their academic, career, college, personal, social and spiritual needs
- Consult with parents to facilitate their son's academic achievement and personal growth
- Consult with teachers and staff to facilitate the academic and personal success of students
- Provide referrals and work with outside mental health and chemical dependency agencies as needed
- Provide programming, groups, and crisis support for all students.

*“We believe each student has the right to self-direction and self-development.”*

## OUR PROGRAMS

### Academic and Personal Counseling

#### Individual/Small Group Counseling

to review academic and personal progress and goals

#### Cura Personalis Program

to assist students with diagnosed learning disabilities, social and emotional needs or crisis intervention

#### Collegiate Summer Programs

to provide information and recommendations for summer enrichment opportunities

### Social Support Groups (may vary from year to year)

#### Family Issues Group

provides support to students from divorced or single-parent families

#### Grief Group

assists students dealing with the loss of a loved one or friend

#### CARE Team

provides educational awareness for parents and students regarding alcohol and illegal substances

*“We believe each student has the right to respect and dignity as a human being and to counseling services without prejudice as to person, character, belief or practice regardless of age, ethnicity, race, religion, sexual orientation or socioeconomic status.”*

### Educational and College/Career Planning

#### Academic Advising

assist students with course selections and academic planning, track graduation progress

#### Career Planning

provide opportunities to students to explore and discuss career possibilities and interests

#### Naviance

a web-based program that allows students to perform career and college searches based upon interests and personality

#### College Planning

assist students with planning for after graduation and coordinate with our College Counseling Department



### Educational Testing

**PSAT** — October testing for freshmen, sophomores, and juniors

**ADVANCED PLACEMENT TESTING** — May testing for freshmen, sophomores, juniors, and seniors through College Board

**SAT/ACT support**



*“We believe each student has the right to privacy and thereby the right to expect the counselor/counselee relationship to comply with all laws, policies, and ethical standards pertaining to confidentiality.”*

**Mr. Mike Strauss '87, M.Ed.**

**Mrs. Melissa Lessick, M.Ed.**

**Mrs. Mary Walsh, LPC, LICDC-CS, M.A.**

**Mrs. Beth McDonnell, MA, PC**

**Mrs. Megan Giavonette, M.Ed.**

**Mrs. Elizabeth Emerick**

*Department Chair*

*School Psychologist*

*School Counselor*

*School Counselor*

*School Counselor*

*Administrative Assistant*

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