

# FORMING LEADERS IGNATIAN ROUNDTABLES



**IGNATIAN ROUNDTABLES** provide a unique opportunity to come together with peers and a facilitator—to share experiences, expertise, and grow personally in leadership effectiveness. Ignatian based, each session will have focus on principles from the Spiritual Exercises, while encouraging participants to bring their own challenges.

Ignatius spirituality offers a spiritual model for leaders on how to become agents of change in today's world. The outcome of the series is to provide an effective way of proceeding to achieve that goal.

## WHEN:

Nine monthly sessions  
7:00 am – 9:00 am

## WHO:

Leaders influenced by Ignatius

- Program directors
- Group or team leaders
- Individuals in charge of key initiatives
- Managers or executives leading change
- Interested men and women for others

## WHERE:

- East Side— John Carroll University
- Downtown – Loyola Club
- West Side— St. Ignatius High School
- Other – Jesuit Retreat Center

## PROGRAM STRUCTURE

The program will address participants' unique, personal and current leadership challenges. Using a combination of learning activities, group discussions, case studies, and individual exercises, the following topics will be presented:

- Leading with Courage, Authenticity and Awareness
- Leading with Inspiration & Story
- Leading On-Purpose
- Leading with Synergy & Service
- Leading with Agility
- Leading with Energy
- Leading with Presence
- Leading by Developing Self & Others

## GOALS:

This program helps participants achieve goals through an engaging environment that builds awareness, commitment and practice of Ignatian principles. Believing leadership is developed from within, the series is complemented with a leadership assessment, personal profile report and individual coaching session. In the coaching session, participants will create an action plan and discuss strategies to reach goals (i.e., a \$1,200 commercial value).

## ABOUT THE FACILITATOR

Dr. Nancy Rowell is a consultant, coach, and spiritual director with extensive experience assisting industry, manufacturing, healthcare, academic, government, and religious organizations. For more than 25 years, she's facilitated efforts to promote and realize organizational, community, and individual change.

Nancy earned her B.S. in Industrial and Operations Engineering from the University of Michigan, her M.A. and D.Min. from St. Mary's Seminary and Spiritual Direction / Supervision Certificates from Ignatian Spirituality Institute, John Carroll University.

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## INDIVIDUAL BENEFITS

- **AWARENESS & AUTHENTICITY** – You'll increase your understanding of your strengths and underdeveloped side through the assessment tools. You'll realize your infinite ability to grow and be more effective as a leader.
- **INSPIRATION & PURPOSE**– You will appreciate your story (i.e., personal history) as a significant way to integrate life into a meaningful context. You will realize work as the activity that provides value and a way of making a positive difference in the world.
- **RESOURCEFULNESS & RESILIENCE** – You will increase your ability to keep a positive attitude and perform well in stressful situations or following failure.
- **POSITIVE LEADERSHIP** – You will align your personal values with your leadership actions. You will increase your understanding of skills to help others achieve their full potential.
- **INCREASED CONFIDENCE** – Assessments and individualized coaching session will grow your strengths and offer the assurance you need to take on personal or professional challenges.

## ORGANIZATION BENEFITS

- **POSITIVE BUSINESS IMPACT** – Increased energy and commitment that will help improve the bottom line.
- **GREATER ALIGNMENT**– More aligned to the values of the company, participants will inspire, and influence a positive shift in the company's culture.
- **IMPROVED DECISION MAKING** – Better decision making in ambiguous situations and increased trust amid change, resulting in enhanced productivity.
- **BETTER PERFORMANCE** – Improved leadership skills that can be immediately applied on the job and modeled to others (i.e., lead by example).

## IGNATIAN COMMUNITY BENEFITS

- **BUILDS A PROFESSIONAL NETWORK** – Rekindles old relationships, develops new relationships and provides an opportunity for peer coaching (i.e., sharing of successful strategies with other leaders in various industries).
- **PROMOTES THE SPIRITUAL EXERCISES**– Ignatian principles from the spiritual exercises are learned and lived out in the workplace.
- **FORMS LEADERS TO SERVE THE BROADER MISSION** – Ongoing formation of leaders to make businesses more ethical and the world a better place.

## PROGRAM DETAILS AND COST

The program will consist of nine (9) monthly morning sessions from 7 to 9 a.m. Participants will meet at the most convenient site. Sessions will start in April and run thru December.

Locations	<b>West</b> – St. Ignatius High School	(2 <sup>nd</sup> <b>Monday</b> of the Month)
& Schedule:	<b>Downtown</b> – Loyola Club	(3 <sup>rd</sup> <b>Monday</b> of the Month)
	<b>East</b> - John Carroll University	(2 <sup>nd</sup> <b>Friday</b> of the Month)
	<b>Other</b> – Jesuit Retreat Center	(3 <sup>rd</sup> <b>Friday</b> of the Month)

The cost of the program is \$1,150 per participant. **The registration deadline is March 31, 2019.**

For more information about the program or to register, please contact Nancy Rowell at (216) 644-1694 or [NancyRowell@gmail.com](mailto:NancyRowell@gmail.com)