

SAINT IGNATIUS
WILDCATS

2021 Summer Sports Schedule

Wrestling

- All are welcome to open mat Monday's and Wednesday's (until the end of the school year) which will be held 4pm-5:30pm.
- Summer time open mat schedule will move to 5pm-6:30pm on Monday's and Wednesday's dates are TBA.
- There will be occasional weekend one day camps TBA.
- Freestyle state qualifier will be May 8th, if qualifies Freestyle states May 23rd.
- Baldwin Wallace duals May 15th (incoming freshman are eligible).
- K-8th grade summer camp will be held June 9-11 1:30pm-4:00pm.

Football

- **Freshman**
 - June camps will run 5pm-6:30pm and July camps will run 5pm-6:45pm. Please see calendar for all dates.
- **Varsity**
 - All full camp days will take place 4pm-7pm. Minicamp days will be held 4pm-5:15pm

Baseball

- Camp dates are set for July 20th, 21st and 22nd this summer!
 - A few things to keep in mind when you sign up...
 1. Please note what time you would be coming on each day based on your last name (A-L 9:00-10:30 or M-Z 10:30-12:00)
 2. Please select the positions that you play most comfortably

Cross Country

- Summer workouts will be held on Tuesdays 3:30pm-5pm and Thursday's 5:30pm-7pm beginning June 15th on Wasmer track.

Hockey

- Practice on Monday through Thursday from 4pm-6pm at Brooklyn (starts on June 14th, ends on July 29th). Running on Saturday from 8am-9am at Edgewater Beach (starts June 5th, and ends July 31st). Lifting is TBD.



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Strength and Conditioning

- **Class of 2025**
 - Training starts Monday June 7th
 - Monday through Thursday's 3pm-4:30pm
 - Last day of strength training will be July 29th
 - Please read the Incoming Class of 2025 Document
 - The incoming class of 2025 will be training together
 - We separate the incoming class from older groups just like Varsity teams do not practice with Freshmen teams
- **Upperclassmen**
 - Sign Ups will be sent to all current students (Class of 2024, 2023, & 2022) on Friday April 23rd.
 - A student may sign up for ONE group in June
 - ONE group in July
 - Sign Ups are done via Sign Up Genius
 - Sign Up Genius will close on Friday April 30th
 - Email Coach Rubino if you have any questions.

Crew

- Fall schedule will begin August 14th- November 1st.
 - Open House for incoming Freshman will be held August 14th.

